

SEPTEMBER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	GROCERY 1 1-4PM	GROCERY 2 1-4PM	WOMEN'S GROCERY 3 10-12PM
7 CLOSED FOR STATUTORY HOLIDAY	8 GRUPO LATINO 5-7PM	9 CANDLE MAKING 12-2PM	10 SURREY GROUP 2-4PM
14 GAMES DAY 2-4PM	GROCERY 15 1-4PM POSITIVE TALK 5:30-7:30PM	GROCERY 16 1-4PM BANNOCK IN THE RESOURCE CENTRE	WOMEN'S GROCERY 17 10-12PM WOMEN'S COMMUNITY LUNCH 12-2PM
21 GAMES DAY 2-4PM	22 GRUPO LATINO 5-7PM SURREY GROUP 5:30-7:30PM	23	24
28 GAMES DAY: MARIO KART EDITION 2-4PM	GROCERY 29 1-4PM	30 CLOSED FOR STATUTORY HOLIDAY. THERE WILL EXTRA GROCERY HOURS ON OCTOBER 1.	OCTOBER 1 WOMEN'S GROCERY 10-12PM EXTRA GROCERY HOURS 1-3PM

Join Viva, hosted by Ribbon Community. Viva is a community of women living with HIV in BC, who communicate with other HIV-positive women directly, primarily online.

Viva provides peer support, reduces isolation, offers a notice board for its members to post events and information related to HIV/AIDS, and a space to connect people who want to take action on the issues that are important to them.



POSITIVE TALK

THIRD TUESDAY | 6:00–7:30 PM

Positive Talk brings together people living with HIV, and welcomes everyone in our communities. Peers host dedicated spaces for African, Caribbean, and Black community members (Leon), women (Millennium), and Arabic speakers (Meryam).

Call or text **Leon** at 236-833-0766 for the ACB Group
Call or text **Gary** at 236-833-0175 for Positive Talk
Call or text **Millennium** at 236-833-0949 for Womens Group

مجموعة اجتماعية باللغة العربية. كل ثالث ثلاثاء من كل شهر. من الساعة 6:00 مساءً حتى 7:30 مساءً. طعام، أصدقاء، ومعلومات عن فيروس نقص المناعة. سيكون هناك سحب لبطاقات الهدايا في نهاية الاجتماع. لمزيد من المعلومات، اتصلوا بمریم -اتصل أو أرسل رسالة نصية إلى 333-236-2975.

WOMEN'S COMMUNITY LUNCH

September 17 | 12:00-2:00 PM

All folks who identify as a woman and are living with HIV are invited to join community members and Ribbon Community Peer Navigators for a community social lunch!

To RSVP, please either:

- scan the QR code
- contact Reception at 604-893-2201 or Welcome@RibbonCommunity.org



ART THERAPY PROGRAM

Sessions begin mid-October 2026

Ribbon Community will be hosting an art therapy program led by art therapy practicum students from the the Vancouver Art Therapy Institute.

Participants will have the choice of many different art forms to use to express their thoughts, feelings, and experiences.

Sessions will be one (1) hour long, and will take place on-site at Ribbon Community.

If interested, please contact Nabaa at NabaaR@RibbonCommunity.org or call 236-688-3433. Please leave a voicemail if your call is not answered.

RIBBON IN SURREY

September 10 | 2:00-4:00 PM

September 22 | 5:30-7:30 PM

All people living with HIV are welcome at this free group hosted in Surrey. We will have snacks and a draw for \$25.00.

Contact **Joshna** at JoshnaH@RibbonCommunity.org

Text/call/phone **604-315-1968** for additional details.

GROCERY SPECIALS

September 1, 2, & 3:

- Peanut Butter
- Instant Oatmeal
- Mac & Cheese
- Juice

September 15, 16, & 17:

- Baked Beans
- Ravioli
- Pasta
- Pasta Sauce

September 29 & October 1:

- Fish
- Rice
- Chunky Soup
- Juice

LEISURE ACCESS PROGRAM

September 15 | 1:00 - 4:00 PM
First Floor of 1101 Seymour St

The Leisure Access program provides free and reduced cost admissions to Park Board facilities for Vancouver residents.

A staff member from the Vancouver Board of Parks and Recreation will be here to answer any questions about the program and to sign people up. **This is open to everyone at Ribbon Community.**

BANNOCK DAY

September 16 in the Resource Centre

Bannock from Mr. Bannock will be served during the day in the Resource Centre on the 4th floor at Ribbon. Feel free to stop by and grab yourself some bannock.